

FOCUS ON FAMILY'S STRENGTHS AND NEEDS

- PSOP focuses on the strengths and identified needs of the family, developing a case plan to meet them.
- The philosophy is to work collaboratively with the parents and develop a plan to assist them in achieving their identified goals.
- PSOP is voluntary.
- PSOP is short term and flexible.
- PSOP assists families in building connections with relatives, friends and other community members who will be enduring supports.
- PSOP supports families in their efforts to provide healthy, nurturing, stable homes for their children, ensuring their needs are met.



How to make a Referral:

Contact Child and Family Intake at:
507-328-6400

- Identify that you are making a PSOP or C.A.R.E. referral.
- A social worker will contact the family and offer services.

Who can make a referral?

- Referrals can be made by a parent, family member, friend, community member, or any professional that has contact with the family.

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Suite 200
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Phone: 507-328-6400
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PSOP

Parent Support & Outreach
Program

What is Parent Support & Outreach (PSOP)?

PSOP is a voluntary program offering short term services for parents to access when they need support

Who do we work with?

Family Seeking Short Term Services

- PSOP social workers assist families in connecting to community resources and information, assistance in planning how to meet daily obligations, parent education and child development, decision making and case planning.

Alcohol & Drug Concerns

- PSOP social workers work with parents who are expecting a baby who are also struggling with substance use. This service is typically offered from the time of referral and continued through the time of delivery. Length of service is driven by family.

- The goal is to plan for a healthy birth as well as create a safety network of family supports to ensure that parent's and baby's needs are met.

- The social worker can engage with the parents from very early in the pregnancy, even if there are no other children in the home.

Expectant & Post-Partum Parents

- PSOP also focuses on working with parents who are expecting a child or have recently delivered a child and are experiencing difficulties in coping, meeting baby's physical, emotional, and/or basic needs.

Parents with Past History of Child Protection Involvement

PSOP joins with parents who want to parent, but are worried about previous child protection involvement and influence on future parenting.

- The focus of the work is to demonstrate what has changed for the family since last involvement and create a plan of support and safe care for the family.



Our Services

Case Management

Assists parents with overwhelming day to day activities

Parent Education

Assist parents in reading their child's cues, anticipate and adapt to developmental changes, teach appropriate expectations for behaviors, and work with parents to reduce the impact of mental illness on the child's future development.

Community Support

Connect to additional support within the community by making referrals to supports and services that fit the family's needs.

C.A.R.E Child Adult Relationship Enrichment Program

C.A.R.E. is an early intervention program embedded within the P.S.O.P. team that offers support to the parent who has been diagnosed with a mental illness. It is a voluntary two-year program that provides families' services (at least one child in the 0-5 age range). Focus is on the attachment between the parent and child and works around improving family stability and safety.