Section 9- Training and Supports

a) Training requirements

Provides details regarding initial and ongoing training requirements as well as how training requirements can be met (online, in class, etc). Also includes self-study questionnaire and training log for providers to track annual training hours.

b) Adoption/Foster Parent Support Group

ANNUAL TRAINING RECORD AND PLACEMENT TRACKING

★ By completing this form, we (Provider 1 & 2) certify that we have completed all training for which a date has been provided.

| TRAINING | INSTRUCTIONS – Please provide licensor with a copy of training certificate or self-study questionnaire. | LENGTH (HOURS) A total of 12 hours per provider per year is required. | PROVIDER 1 DATE COMPLETED | PROVIDER 2 DATE COMPLETED |
|--|--|---|---------------------------------|---------------------------------|
| Sudden Unexpected Infant Death Syndrome (SUIDS), MN Stat. 245A.144 Abusive Head Trauma (AHT), MN Stat. 245A.144 | Required every 5 years. Go to http://mn.gov/dhs/ Click on "General Public". Click on "Licensing" from the drop down menu. Click on "General Information". On the left hand side of the page click on "Licensing Forms". Scroll down to "SUDDEN UNEXPECTED INFANT DEATH (SUID) AND ABUSIVE HEAD TRAUMA (AHT) TRAINING FOR FAMILY CHILD CARE" Click on "SUID/AHT Requirements and Video Links". Watch ALL the videos. Note: You can also click on the following link and it will take you directly to the videos http://www.dhs.state.mn.us/main/idcplg?ldcService=GET_DYNAMIC_CONVE_RSION&RevisionSelectionMethod=LatestReleased&dDocName=dhs16_1888 48 | SUIDS -1 hour AHT - 1 hour | | |
| Child Restraint Systems, MN Stat. 245A.18 Required when caring for children under age 8. | Required every 5 years. For dates and times visit: www.developtoolmn.org Use keyword C.A.R.S. | 3 hours | | |
| Fetal Alcohol Spectrum Disorders, MN Stat. 245A.175 | Required annually and must be at least 1 hour in length. You can obtain this training in several ways. 1. Go to The Fetal Alcohol Spectrum Disorders FASD Basics - YouTube and watch the video. 2. Go to MN Adopt and view any of the FASD pre-recorded webinars. Webinars (by topic) - MN Adopt | 1 hour | | |

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| Children's Mental Health Issues and Treatment, MN Stat. 245A.175 | Required annually and must be at least 1 hour in length. This training can be obtained by attending classroom training, completing online course work, viewing DVD's, and/or reading books. To determine if a training will meet requirements look for one or more of the following key words: attachment, depression, anxiety, behavior disorders, development, trauma, resiliency, medication (psychotropic), autism/pervasive developmental disorder, bipolar disorder, attention deficit hyperactivity disorder. The Minnesota Child Welfare Training System also offers the following sessions that will meet this training requirement. • Introduction to Children's Mental Health • Go to https://mn.gov/dhs/partners-and-providers/training-conferences/child-protection-foster-care-adoption/ • Scroll to "Special training topics." • Choose "Introduction to Children's Mental Health training." • Children's Mental Health for Resource Families – Anxiety, https://youtu.be/ZU-1hfHmnAM • Children's Mental Health for Resource Families – Depression, https://youtu.be/7fkplLknCa0 • Children's Mental Health for Resource Families – Obsessive Compulsive Disorder, https://youtu.be/nzqlkT-D7nk • Children's Mental Health for Resource Families – Autism, https://youtu.be/pmqyBlq-5G8 | | | |

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|---|--|---|---------------------------------|---------------------------------|
| Normalcy, Reasonable and Prudent Parent Standard P.L. 113-183 | Required once. Go to https://www.anokacounty.us/3227/Initial-Training Watch the video If you do not have a computer or are unable to access the internet, please contact your licensor and you will be provided with a DVD or a transcript of the training. | 1.5 hours | | |
| Comfort Calls | Required once. Go to https://www.qpimn.org/new-page • Watch the video Foster Parent Training: Initial (Comfort) Calls | 1 hour | | |
| Mandated Reporting | Required every five years. Mandated reporter training will discuss how to make a mandated report in Olmsted county, including how to reach intake (nights and weekends), what information is helpful to provide when making a report, and what happens to the information after you make a report. Training will also touch on different types of abuse and what is considered a report, a brief outline on the child protection process in Olmsted county, as well as information on our child welfare programs. Go to Mandated Reporting Training for Child Foster Care Providers - YouTube • Watch the video | 1 hour | | |

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|---|---|---|---------------------------------|---------------------------------|
| Minnesota Foster Care/Adoption Education Class | This is a two-day training (8:00 AM to 5:30 PM). The training must be completed within the first year of licensure. The training is offered twice a year in Olmsted County. Dates, times and registration information can be found on the Olmsted County website. • Go to https://www.olmstedcounty.gov/residents/services-individuals-families/child-youth/child-foster-care • Click on the "Training" tab. The training is also offered throughout the state. Additional dates and times can be found on the CHS/LSS website. https://chlss.org/education-events/foster-care-adoption-education-classes/ | | | |
| Mandated Reporting – Vulnerable Adults, MN Stat. 626.557 & 245A.65 | Required annually if caring for youth 18-21 years old. Go to http://registrations.dhs.state.mn.us/WebManRpt/. Click on "Continue" again at the bottom of the page. Click on "Continue" again at the bottom of the page. The training begins on page 4. Complete the quiz at the end of the training. If you have difficulty accessing the quiz, contact DHS.adultprotection@state.mn.us to have an electronic copy emailed to you. After you complete the quiz, save the results, attach the quiz and send to DHS.adultprotection@state.mn.us. DHS will score your quiz and email a certificate to you (if your score is 80% or above). | 1 hour | | |

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| NAME OF TRAINING Some resources for on-line training: http://cascw.umn.edu/portfolio_cate gory/online-modules/ https://www.fosterclub.com/article/foster-parent-online-training www.FosterParentTraining.com www.fosterparentcollege.com www.childtraumaacademy.com www.fosterparents.com/training | INSTRUCTIONS: Additional training hours can be obtained by attending classroom training, completing on-line course work, viewing DVD's, and/or reading books. Look for key words such as: Attachment and/or Complex Trauma, Discipline, Diversity/Cultural Issues, Impact of Child Maltreatment on Development and/or Chronic Neglect, Sexual Abuse, Grief and Loss and Shifting Expectations, Working with Birth Families, Mental Health, Working with the Educational System, Etc. PLEASE NOTE: For books and magazine/journal articles the provider will receive 1 hour for anything 100 pages or less, 2 hours for 200 pages, etc. For therapy, foster parents must participate in the entire session. If foster parent is assigned homework (i.e. reading, implementing specific plan) additional hours may be counted. For medical, training can be included for learning specific cares-physical therapy, occupational therapy, etc. | LENGTH (HOURS) A total of 12 hours per provider per year is required. | PROVIDER 1 DATE COMPLETED | PROVIDER 2 DATE COMPLETED |
|--|--|---|---------------------------|---------------------------|
| | dates physical incrapy, occupational incrapy, etc. | | | |
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| | | TOTAL | | |
| | | HOURS: | | |

| FOSTER CARE PLACEMENTS (RESPITE/RELIEF AND FULL TIME) | | | | | |
|---|-----|-------------|-----------|--------------------|----------|
| CHILD'S NAME | AGE | DATE PLACED | DATE LEFT | REASON FOR LEAVING | COMMENTS |
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Adoption/Foster Parent Support Group

6:30 - 8:00 pm 2117 Campus Drive SE Rochester, MN 55904

January - October: 4th Thursday of the month. November and December: 3rd Thursday of the month.

Questions: Debra Dalin, Social Worker, Adoption 507-328-6432 or dalin.debra@co.olmsted.mn.us

